

Reduce anti-social behaviour, crime and the fear of crime

Provide a varied range of Leisure activities for younger people

Doorstep Sports Clubs

Doorstep Sports Clubs funded by StreetGames take place in Netherfield, Killisick/Redhill and more recently in Newstead Village. The Newstead Village project ran as part of a successful pilot project funded by the Home Office to measure the impact of Sport and Physical Activity on the reduction of crime. The success of this project enabled additional funding to be obtained to install new floodlights on the MUGA (Multi Use Games Area) in the village. Over 45 young people engaged in the Newstead Village project.

Support for local Youth venues

GBC have been working in partnership with the NCC Youth Service to provide funding and support to include health and physical activity provision at each youth club (Newstead, Netherfield, Redhill and Calverton). GBC has also been supporting the Daybrook Crew in the recruitment of volunteers and delivery of Sport and physical activity sessions.

1000 children learning to swim at Arnold Leisure Centre

After the changing room refurbishment in 2014 Arnold Leisure Centre had less than 300 swimmers on the lessons. Over the following 4 years the swim scheme has been developed to provide opportunities for previously un-catered for groups such as Under 4s and disabled customers. This has maximised use of the facilities and excellent instructors at the site, and by January 2018 the site reached 1,000 children learning to swim.

Disability Swimming Lessons – GBC Leisure

Disability Swim Stars is the Borough's learn to swim scheme for children aged 4 to 18yrs that have additional needs in the swimming pool. Introduced 2 years ago at Arnold Leisure Centre, the classes have grown in popularity and the scheme now has 4 sessions with over 40 children attending each week. Work is ongoing to develop these lessons at Carlton Forum Leisure Centre.

"The Instructors are really good and very friendly. I have two children who are on swimming lessons at Arnold, one of who is in the disability swimming lessons. I can't rate the instructors highly enough - my son was so scared of water before he started the disability lessons. Now he can swim 600m. Thanks Arnold leisure centre for offering lessons for children with additional needs, and thanks to all the instructors who teach in these sessions they are all truly amazing with all the children."

Daybrook Street Dance

The Council has supported Street Dance sessions delivered at the Daybrook Baptist Church during autumn 2016 with the aim to encourage girls to get into physical activity. 13 girls have registered for the sessions and a group of 6 performed at the Council's annual Evolution Dance Festival. It was the first time they had performed in public.

Flying High Performing Arts Summer School

In 2017, the Council worked in partnership with Flying High Expressive Arts Company to offer a four day dance and drama summer school for children aged 8-16 years old. Sessions took place at Pond Hills Lane Community Centre culminating in a performance at the Bonington Theatre. Sixteen young people attended with a number of those signing up to regular weekly Flying High sessions.

School Holiday Activities in Netherfield, Killisick and Newstead

Killisick summer sports camp

The holiday activities in Killisick were very popular with over 40 children attending each day. They took part in a variety of sports activities, learning about team work and competing but also having fun. The majority of these children wouldn't have attended any holiday clubs during the summer holidays if this hadn't been provided, due to financial reasons. As one parent commented:

"My daughter really enjoyed the camp, which made me feel less guilty about having to work".

Newstead summer sports camp

The Newstead Summer camp is very successful, gaining numbers each time it is run with attendances last summer between 25 and 35 per day. There are a range of ages from 10-19 and some of the older participants help and mentor the younger ones, which not only increases their confidence, but is also something positive to put on their CV. This also gives them an opportunity to volunteer under the guidance of experienced workers.

Netherfield Holiday Activities

The holiday activities held during the six weeks summer holidays October and February half term are very popular with between 38 at the start of the week rising to an average of 55 young people. The majority of the children are from families who would not normally attend these type of initiatives which include the big taste test, dodge ball, as well as other sporting activities which benefit the young people greatly. During the summer holidays and October half term trips are organised for children between 8-14yrs to a variety of locations which include London Zoo, Yorkshire Sculpture Park, Space Centre, Ice Stadium ending with a family day out at one of the local parks.

Improve Health and Wellbeing

Identify and implement practical initiatives to encourage cycling and walking

Get Going Gedling

The Get Going Gedling scheme provides free weekly Walking for Health walks across the borough, led by qualified volunteer walk leaders co-ordinated and promoted by GBC. Weekly walks have been established in Mapperley, Calverton, Netherfield, Gedling Country Park, Carlton, Arnold and Killisick. In total there were 226 volunteer led walks across Gedling in 2016/17 with over 2100 participants attending the walks.

Arnot Hill Park 3-2-1 Route

The Council has teamed up with Run England to create a 3-2-1 running route in Arnot Hill Park. The project provides a marked out 1km running route that anyone can follow. It starts and finishes outside Arnot Hill House, where there will be a map displaying the route. The route follows footpaths making it accessible for all abilities. It's a way of providing a meaningful challenge to help more people to get running or walking when it best suits them. To promote and mark the opening of the new route, the Council hosted an afternoon of children's Multi-Sport activities on in Arnot Hill Park.

New funding for Cinder Track in Netherfield

A bid for funding to WREN was submitted in 2017 which has resulted in £46,320 being granted for improvements to the Cinder Track in Netherfield. Work will be completed in 2018 and will make the Track more accessible for local people to enjoy walking and cycling.

Implement a range of activities to increase participation in sport and physical activity Club 1

A successful application to deliver StreetGames Club1 sessions in the Leisure Centres across the Borough was awarded. £6000 of funding has been secured to engage young people into individual activities such as swimming, running and fitness sessions. A designated Club1 session will take place each week for 14-18 year olds at Calverton, Redhill and Carlton Forum.

Junior Girls Netball

Mapperley Ladies Netball Club have introduced a new junior section to the club at Carlton Le Willows School. A start up grant of £381 was provided by GBC to fund facility hire and equipment for the first 10 weeks, support was also provided to promote sessions and offer advice on further funding and qualifications. 26 participants attended the first session.

Improver Track Running Sessions

Support was provided to introduce a new 10 week improver running course, taking place throughout the summer of 2017 at Carlton Le Willows running track. A contribution to the venue hire costs has been made by GBC along with support to promote the sessions. The sessions were delivered by local qualified volunteer Run Leaders and an average of 30 participants attended each week, with 50 participants attending some weeks.

Leisure Facilities usage – GBC Leisure

Since 2015 the number of visits and members at Council leisure centres has increased significantly. This has included a period of refurbishment at Arnold Leisure Centre. It is expected that end of year figures for 2017/18 will continue to exceed those of previous years.

Number of visits to leisure centres

2015/16 – 913,587

2016/17 – 942,297

2017/18 - 732,365 with 3 months to go (ahead of schedule)

Number of attendances at Bonington Theatre productions

2015/16 – 22,923

2016/17 – 28,194

2017/18 – 24,335 (with 3 months to go)

Average number of DNA members at leisure centres (12 month rolling period)

2015/16 - 3720

2016/17 - 3901

2017/18 – 4170 (with 3 months to go)

Nottingham Ice Arena Learn to Skate programme

The Council working in partnership with the Nottingham Ice arena's learn to skate programme identified primary schools to be invited to a free learn to skate taster programme. The following schools were selected to take part in a session; Hawthorn Primary, Arnold Mill Primary and Killisick Junior School.

Increase participation in organised outdoor activities in parks and open spaces

Gedling parkrun

Gedling parkrun launched in June 2015, and is a free, weekly 5km run for all ages and abilities. It takes place every Saturday at Gedling Country Park. Initially funded by the Council, the weekly sessions are run by volunteers. Since June 2015 over 3269 individuals have attended Gedling parkrun, on average 115 participants attend each week.

Gedling junior parkrun

Gedling junior parkrun launched in April 2016, and is a free, weekly 2km run for juniors aged 4-14. It takes place every Sunday at Gedling Country Park. Initially funded by the Council, the weekly sessions are run by volunteers. Since April 2016 over 700 individuals have attended Gedling junior parkrun, on average 56 participants attend each week.

Bestwood Village parkrun

Bestwood Village parkrun was established as part of the Bestwood Healthy Communities project in January 2017, the free, weekly 5km run is suitable for all ages and abilities. The event was initially funded by the Bestwood Healthy Communities Budget and is run by volunteers. Since January 2017 over 1800 individuals have attending Bestwood Village parkrun, on average 91 runners attend each week.

Arnot Hill Park Holiday Activities in 2017

A programme of Sport and Arts activities was delivered in Arnot Hill Park in partnership with the park rangers over the School Holidays. Attendance at the drop in style sessions was high with a real interest in sports such as Rounders and Tennis.

Ley Street Play Area and Trim Trail

Following extensive consultation with the local community Netherfield Steering Group submitted bids to Nottinghamshire County Councils Supporting Communities Programme and WREN for a new play facility for juniors and Toddlers living in Netherfield. Both bids were successful with Nottinghamshire County Council awarding funding in the region of £32,000 for a Trim Trail and WREN a further £45,738 for the play area. Construction of the new play facility was completed in March 2017.

Skate Jam

An Awards for All bid was submitted in partnership with the Friends of Arnot Hill Park and the Skate Jam project was awarded £9,500. Extreme Wheels were commissioned to deliver a series of drop in Skate sessions and Skate-Jams at our parks and a finale to be held at the Joshua Dale skate-park in Colwick. This is the first tour a local authority has ever commissioned, so is a unique event.

Average attendance at the drop in sessions was 20-35 and at the skate-jam themselves 40-55 dependent on the weather. The finale at Colwick attracted nearly 100 riders and additional activities were provided and catering provided by the local Scout group.

[Take action to tackle the harmful effects of smoking](#)

Smoke Free Events in Gedling

In 2017 both the Arnold Carnival and Killisick Fun Day were trialled as smoke free events. Designated smoke free zones were identified and attendees were encouraged not to smoke within these areas.

Smoking Cessation Clinics

Smokefreelife Nottinghamshire have been delivering smoking cessation clinics in targeted areas across the Borough. There are 3 Clinics currently running out of Arnold and 1 out of Newstead Village youth centre.

[Develop and implement actions to address Health inequalities across the Borough](#)

Breast Feeding Friendly Initiative

Gedling Borough Council has received positive feedback in relation to the Breast Feeding Friendly pilot. The scheme enables local venues to become accredited after they demonstrate a suitable area for mothers to breastfeed. So far over 22 venues in Gedling have achieved the Breast Feeding Friendly Accreditation. The success of the Gedling pilot has enabled the scheme to be rolled out across the whole of Nottinghamshire.

Bestwood Village Healthy Communities Project

GBC has been working with local residents in Bestwood Village to develop a health and wellbeing programme as part of a project funded through Section 106 contributions. Over the past 2 years the project has facilitated the following:

- An increase in provision for young people in the village through Basketball sessions on the new MUGA and a drop in skate session as part of the Skate Jam project.
- The introduction of the Complete Puzzle Autism support group.
- The introduction of a range of community based initiatives such as smoking cessation sessions, Dementia Friends training and a community garden project.
- The steering group have also been supported in submitting an application for funding towards outdoor gym equipment and a zip wire.
- Implementation of the weekly volunteer led Bestwood Village parkrun.

Introduce and support a range of measures designed to tackle excessive weight and promote healthy lifestyles

Health and Wellbeing Community Newsletter

The Community Health and Wellbeing Keep Me Posted E-Newsletter has been created to provide the local community with information regarding local and national health and wellbeing advice and initiatives. The content includes information on Change Point Obesity and Weight Management Service, Health for Teens website, walking in Gedling, talking therapies and Macmillan support. The newsletter is circulated quarterly and currently has over 1300 subscribers.

Sugar Awareness Campaign

The Council joined the national Sugar Awareness campaign in November 2017. Each of the Council's Facebook posts and Tweets on the subject reached over 1000 people. The Tweets got 24 retweets and 39 likes with the Halloween Tweet – a helpful and timely reminder not to overindulge sugary treats - reaching over 8000. The national Sugar Boy Video and the app had also been on the TV screens in the Civic Centre throughout the week.

During the week, 'Change4Life' Food Smart packs were distributed at the Halloween Children's event in the Civic Centre to the children that attended. This resulted in an enquiry from Richard Bonington Primary School who ended up taking 400 resource packs to hand out to children.

Change Point and the NHS Oral Health Promotion team worked with the Council's Leisure and Community Relations teams to hold an event at Arnold Market on the Friday afternoon to promote sugar awareness and healthy alternatives to members of the public.

Change Point – NCC Obesity and Weight Management Service

The commissioned service delivers a range of programmes across the Borough. Programmes include Jump Avenue a family weight loss programme run in the community, Adult weight management programmes for Adults with a BMI over 25 and health awareness education sessions within local schools. The Council has supported the delivery of this service by offering venues, promoting the activities and by involving Changepoint at community events, holiday activities in the park and the 2017 sugar awareness event.

Food hygiene service

There are 770 registered food businesses in the borough and depending on the risk to public health they are inspected every 6, 12, 18, 24, or 36 months. Each year officers complete over 400 routine food hygiene inspections and last year over 60 new businesses registered with the Council. Businesses serving food directly to the public are rated through the food hygiene rating scheme which scores businesses from 0 to 5 with 5 rated being 'very good' and '0' rated requiring urgent improvement. 92% of food businesses in the borough are rated 4 or 5.

The service also provides food hygiene training for food handlers to provide them with a baseline qualification to enable them to work in catering and meet their legal obligations. The service is being relaunched for 2018 with some improvements to the syllabus. Courses can be arranged in English, Urdu and Punjabi.

HOT – Healthy Options Takeaway

The Healthier Options Takeaway scheme is a countywide partnership scheme that promotes takeaways that have a food hygiene rating of 3 or above and have demonstrated through an application and assessment that they provide healthy options for customers. Applications for the scheme are assessed by Environmental Health Officers before awarding the HOT merit and use of the logo which can be used in publicity. Businesses participating in the scheme are also listed on central database hosted on Nottinghamshire County Council's website. Currently there are 14 businesses in the Borough signed up to the scheme.

Work with partners to deliver activities to support those experiencing mental health illness, loneliness, isolation and dementia

Dementia Friendly Leisure Activities

A dementia friendly swim session is due to start at Arnold Leisure Centre, run in association with Gedling Homes. The calm and quiet session will take place on Tuesdays at 1:45pm-2:45pm (starting 6th March 2018) and will be for adults only with laned off areas and floatation aid readily available. Carers can attend the session for free.

The Bonington Theatre, in partnership with Gedling Homes ran a dementia friendly screening of 'It's a Wonderful Life' before Christmas and are looking to run regular Dementia Friendly screenings in the near future.

Dementia Cafés

Support has been provided to Gedling Homes to set up two Dementia Cafes in the Borough. The initial session has been set up at St Andrews House and a second session started August 2017 in Netherfield. Both Cafes meet monthly and are well attended and supported by volunteers.

Men in Sheds

The Council has funded and offered rent free accommodation to the Age UK managed Men in Sheds workshop in Daybrook. Over 80 socially isolated older men have participated in the workshop and also benefited from a range of additional

social activities such as day trips, meals, sporting activities and a Christmas Party. New friendships have developed and grown beyond the Men in Sheds activities and 100% of members have reported that being involved has improved their retirement. Other benefits have been:

- Increased confidence
- Increased awareness of health issues
- Signposting to other support services
- Men empowered to help run the workshop
- Respite for carers
- Teaching and learning opportunities.

Arnold Methodist Church – Mental Health Befriending Service

The Mental Health Befriending Service, run by Arnold Methodist Church and supported by the Council, has been established for since 2016. The weekly sessions offer support for anyone that may be living with a mental health condition and their families and carers. The sessions often attract speakers to provide advice and signposting opportunities to support services. The sessions are run by trained volunteers and the breadth of activities on offer to visitors is increasing including a multi games table, creative writing courses and a wider range of craft activities.

Gedling Breathe Easy Group

The Breathe Easy group offers support and advice for those living with a lung/respiratory condition. Sessions are attended by between 20-30 individuals on a monthly basis. GBC has supported the group by signposting to complimentary community activities. GBC has also brought in external speakers from Changepoint and Gedling Homes and have provided the group with a singing instructor for a Christmas singalong. The group also received complimentary tickets to the pantomime at the Playhouse as part of the GBC/Playhouse partnership.

Residents Supported by Citizen's Advice Bureau

Through the Council's annual grant to Nottingham Citizen's Advice Bureau, Gedling residents were offered advice during 2016 and 2017. Over a third of these had a disability or a long-term life limiting illness and approximately two-thirds received benefit or debt management advice. The grant funds outreach services at Arnold, Calverton and Netherfield and at the central Nottingham Bureau. Residents are also referred to a debt case worker, at the Nottingham Bureau, funded by the Money Advice Service, to support their debt management.

Disability Female Football Sessions

Notts County Football in the Community were awarded funding to deliver Female Disability Football Sessions in Gedling. The sessions ran at Gedling and Netherfield Day Centres in 2017 and offered a variety of exit routes to encourage continued participation beyond the project.

Ley Street Day Centre Choir

After a long break in sessions singing workshops have resumed with Service Users at Ley Street Day Centre in Netherfield during 2017. The group have been working with music teacher Jane Ashworth and after just 6 sessions the group was confident enough to perform to the whole Day Centre. Service Users have enjoyed the sessions immensely, as has the teacher and sessions will continue with Council staff now looking at how the sessions can be sustained in the longer term.

50+ Club

GBC leisure centres run 50+ Active for Life clubs, where customers can spend the mornings or afternoons engaged in a range of physical activities. Not only does this promote regular exercise it also provides an opportunity for people to socialise and make new friends. The clubs normally have over 70 people taking part each week.

Gedling Facilities for Disabled Customers

The CredAble Provider quality mark is designed to help us communicate to our disabled customers that we are willing and able to be able to provide them with good services.

The Council has been working with Nimbus Disability since July 2017 and now a number of sites have had assessments. Feedback has been positive and recommendations implemented and we now have leisure centres, the Bonington Theatre and Gedling Country Park classed as Accessible for all.

Goals4Life

GBC has worked with Notts County Football in the Community to establish a Goals4Life physical activity session at Redhill Academy for young people experiencing mental health problems. Goals for Life gives young people an informal, interactive way to focus their energy, providing them with positive role models and encouraging them to think about and explore their emotions and reactions through workshops.

Mental Health Community Safety Worker

Gedling, Rushcliffe and Broxtowe Borough Councils have teamed up with Nottinghamshire County Council to fund a Community Safety Social Worker for South Nottinghamshire with a focus on supporting those with mental health needs. This has been in response to the increasing number of community safety cases in our local areas involving those with a mental health condition.

Get Up and Go Event

An older person event organised in partnership with Nottinghamshire County Council. The event took place at Carlton Forum Leisure Centre with 20+ over 50s and consisted of information stalls from local providers such as Notts Fire and rescue, Changepoint, Metropolitan Housing and Eon. 4 new participants have since attended the 50+ Club's sport and physical activity sessions at Carlton Forum.

Gedling Young People parade 'Suzy Bones'

Express Yourself workshops for young people 13 – 17 years old from the Gedling took place in September and October 2016 at Arnold Library. The sessions delivered by City Arts provide a supported environment where young people with emotional health and wellbeing needs can feel safe while they learn new skills from a professional artist.

Over 6 weeks, a group of seven participants worked with freelance artist Vic Potterton to design and construct the giant puppet 'Suzy Bones'. They drew inspiration from the Catrina's seen at Mexico's 'Day of the Dead' festival. On 29 October 2016, the group took 'Suzy Bones' for a walk around Nottingham's Creative Quarter; amazing onlookers and posing with passers-by.

Express Yourself helps young people to learn new creative skills and grow in confidence. Each Express Yourself participant works towards a Bronze Arts Award.

£1.5m Disabled Facilities Grants spent in Gedling

Disabled Facilities grants are a statutory mandatory service to provide grants to eligible households to fund adaptations to allow them to live independently and remain in their own homes. For 2016/17 The Council budget was £820,000 and for 2017/18 the budget is £950,000.

Year	Budget	Spend	Number of grants completed
2016/17	£820,000	£547,000	65
2017/18	£1,002,000	Budget fully committed.	84 so far

97% of grant recipients were fully satisfied with the service. In 2016/17 we installed 34 level access showers, 23 stair lifts and 8 ramps to access properties.

Warm Homes On Prescription

Warm Homes on Prescription is a discretionary grant which is targeted at low income households suffering with certain medical conditions that are likely to be made worse from cold, damp, hazardous housing. The grant is for up to £5,000 to improve remove significant (category 1 or 2) hazards in the home. The scheme was designed to work in partnership with GPs and NHS colleagues to generate referrals about patients they know to be suffering with at least one relevant medical condition and may benefit from improvements to their housing conditions. In the first 2 years of the scheme, uptake was low as despite some interest from GPs and promotion by the CCG there were very few referrals from GPs and NHS staff.

This year in line with the other Nottinghamshire Councils we are now accepting referrals directly and obtaining evidence of medical conditions such as letters from GP practices. This has been far more successful, so far we have completed 5 schemes and are processing a further 14 applications.

The project is in its third year and each year has been funded from different sources of finance. This year following a successful business case is the first year the scheme has been funded out of the Better Care Fund.

Year	Budget	Spend	Number of grants completed	Number of referrals
2015/16	£50,000	£3,560	1	2
2016/17	£20,000	£3,855	1	1
2017/18 so far	£70,000	£15,320	5	30

Implement Playing Pitch Strategy including the provision of new 3G facilities at Redhill and Carlton Le Willows schools

Redhill 3G Artificial Grass Pitch

The latest Gedling Borough Playing Pitch Strategy was adopted in August 2016 and utilised to identify the importance and need of new 3G provision across the Borough. Redhill was identified as the first priority site and a partnership application between Redhill Academy Trust and GBC was submitted to the Football Foundation for funding towards the project. The new pitch was completed in April 2017 and to date has been utilised to achieve the following outcomes:

- To offer our key partner clubs Gedling Southbank FC and Arnold Town FC with high quality training and match play provision.
- To introduce girls aged 5-11 years into Football through the Notts FA Wildcats programme. The Redhill sessions were the best attended in the County and will be continuing into the future.
- To support Nottingham Forest Community Trust to deliver the Advanced Coaching Centre programme for children aged 6-13 years.
- To provide a venue for Notts FA to deliver Coach Education courses to upskill grassroots volunteers/coaches.
- To deliver structured multi-sport sessions to young people attending Redhill Youth Club through StreetGames funded projects and the Nottingham Forest Community Trust Kicks programme. The sessions currently attract on average 30 young people per week.
- To provide a venue to host the Young Elizabethan League Football October tournament. Over 200 children participated in the tournament from 38 teams of U8s. The tournament was supported by 24 referees aged between 14-16, refereeing for the first time.
- To introduce a new Primary school Football B league, designed for Year 4-6 boys who are not usually selected to represent their school at football. Between 45-50 boys took part in the league over the summer term. 16 year 4 and 5 girls also took part in a friendly festival.

Carlton Le Willows 3G Artificial Grass Pitch Project

Ongoing support has also been provided to assist Carlton Le Willows Academy in the delivery of a new 3G pitch and changing facilities available for both community and school access.

Promote and encourage pride, good citizenship and participation in the local area

Promote and encourage employee and community volunteering and residents' involvement in local activities

Arnold Hill Becomes Eagle's Nest Community Centre

On 1 June Cabinet agreed the asset transfer of Arnold Hill Community Centre to Eagle's Nest Church. The Church has followed a robust submission process to prove their eligibility for running the community building owned by the Council. The centre, to be known in future as Eagle's Nest Community Centre, continues to offer a home to existing user groups' resident there and the business plan for the centre seeks to develop a community hub offering activities for older people, young people and families in the local area.

Beacon Project Up and Running

The new Beacon Project is now launched in Killisick with many local activities running from the site of the Beacon Baptist Church. Activities include the Beacon Bowling Club now volunteer led which was previously run by the Council at Arnold Hill Community Centre. Other activities include Foodbank, commissioned health services, a craft group, after school club, work club, YMCA Dad's and Kids Club amongst others. The Beacon has been supported by training delivered through the Council's Community Asset Transfer Partnership.

Coach Education

A number of Coach Education courses are co-ordinated each year to upskill volunteers and coaches involved in the Boroughs Sports Clubs and organisations. Examples of the courses include Emergency First Aid and Safeguarding.

Gedling Football Development Group

The Gedling Football Development Group meets regularly throughout the year acting as a forum to support members of the local Football Clubs. The forum is co-ordinated by GBC with the support of Notts FA and provides club volunteers with useful information around funding, club governance and good practice. The group have also been key in the development of the Playing Pitch Strategy and the 3G projects at Redhill and Carlton Le Willows.

Friends of Gedling Country Park – Supporting Local Communities Funding

The Friends of Gedling Country Park have been successful in their application to Nottinghamshire County Council's 'Supporting Local Communities' fund. Working with GBC, the application has enabled the Friends to commission an artist to create a piece of memorial art work for the Memorial Garden at Gedling Country Park. The sculpture was unveiled in December 2017 for the enjoyment, commemoration and contemplation of local residents.

Netherfield Good Neighbour Award and Garden Competition

On 18th July the annual awards evening took place organised by the Council and sponsored by B&Q. This project brought together the local community with prizes awarded to those winners and runners up. The evening celebrated the community champions of the Netherfield area but also provided as much appreciated social occasion for some of the more socially isolated residents of the area.

Gedling's Heritage Brought Alive

The Council has been successfully awarded £75,000 from Heritage Lottery Fund to deliver the 18 month Gedling Borough's Heritage Brought Alive project. The project will work with local heritage and history societies to interpret the Borough's rich heritage at the new visitor centre and on trails at Gedling Country Park. This will be complemented by an on-line hub promoting the many aspects of the Borough's heritage. Project aims will include engaging with more isolated residents to share their knowledge of the Borough's history and also develop activities such as heritage walks.

Gedling Seniors Council

An inaugural Seniors Council meeting was held on Friday 31st March 2017, delivered in partnership with the Age UK Aging Well conference and Nottinghamshire County Older Person's Advisory Group meeting. The Seniors Council aims:

- To develop a set of priorities and terms of reference for engagement with the older community and statutory service providers.
- To advocate for services to the older community and promote greater take up of opportunities to older citizens through existing community networks
- To scrutinise and help to shape existing, new and emerging services and raise issues and concerns wherever services are not meeting need.
- To feed into the wider County Older Person's advisory group, particularly in respect of influencing national policy and decision making.

At its December 2017 meeting at The Beacon in Killisick guest speaker Richard Sample of the Nottinghamshire County Council Co-production Team gave an absorbing overview of Social Prescribing, and will be working with the group to act as lead advisory body and potential beneficiary groups of ongoing work in this area. This discussion has informed a successful funding bid to New Charter Homes to deliver a social prescription pilot for Gedling.

Gedling Youth Council to address Young People's Mental Health and Isolation

Gedling Youth Council took up the Children's Commissioner Takeover Challenge this year, opting to take over the Council's Senior Leadership Team meeting on Tuesday 28th March 2017. A nominated group of young people delivered a presentation and discussed the key priorities set by the Youth Council. These included young people's mental health, loneliness and isolation; emerging new racial and cultural intolerance; peer pressure and stress caused by the culture of social

media; issues of body image and new perceptions of gender; the generation gap caused by technological developments and a subsequent need to develop a curriculum for life to address the above.

The Youth Council has subsequently led on the design and delivery of an Anti-Bullying Survey in local schools as part of annual Anti Bullying week November 2017 with around 600 responses having been received. The Youth Council presented the outcomes of the survey to Councillors and representatives of local schools at a meeting in December 2017.

The Youth Council also plans to host an intergenerational event with the new Seniors Council to help build trust and mutual awareness, recognise and jointly address shared themes, i.e. Loneliness / isolation, mental health and cultural inclusion.

Maintain a positive and productive working environment and strong staff morale

Develop a range of activities to improve staff health and wellbeing

County Workplace Health Scheme

GBC has signed up to the County Wellbeing@Work – Workplace Health Scheme achieving the Bronze accreditation. As part of the scheme a number of health and wellbeing initiatives have been put in place to support staff including, Staff Pilates, Health Walks, Mindfulness Sessions and Mental Health Training.

Staff Newsletter

Regular staff wellbeing newsletters are circulated to promote national and local health and wellbeing initiatives, tips and recipes.

Employee Conference

The 2017 staff conference had a health and wellbeing theme providing staff with the opportunity to try out wellbeing activities such as Nordic Walking and Mindfulness as well as listening to guest speakers from local commissioned support services.

Staff Health Fair

The annual Staff Health Fair provides staff with the chance to engage with a range of organisations including The British Heart Foundation, Everyone Health, Let's Talk Wellbeing, NHS Nottinghamshire, SmokefreeNottinghamshire and Fit4Life. The organisations offer screening and advice on leading a healthy lifestyle.